

# RSGB Band Plan 2024



The following band plan is largely based on that agreed at IARU Region 1 General Conferences. Amateurs are also referred to the general Notes to the Band Plans, on page 61. Please also refer to specific Ofcom conditions and coordination terms as appropriate

**EFFECTIVE FROM 1 JANUARY 2024 UNLESS OTHERWISE SHOWN**

136kHz	NECESSARY BANDWIDTH	UK USAGE
135.7-137.8kHz	200Hz	CW, QRSS and Narrowband Digital Modes

**Licence Notes:** Amateur Service – Secondary User. 1 watt (0dBW) ERP.  
**R.R. 5.67B.** The use of the band 135.7-137.8kHz in Algeria, Egypt, Iraq, Lebanon, Syrian Arab Republic Sudan, South Sudan and Tunisia is limited to fixed and maritime mobile services. The amateur service shall not be used in the above-mentioned countries in the band 135.7-137.8kHz, and this should be taken into account by the countries authorising such use. (WRC-19).

472kHz (600m)	NECESSARY BANDWIDTH	UK USAGE
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IARU Region 1 does not have a formal band plan for this allocation but has a usage recommendation (Note 1).

472-479kHz	500Hz	CW, QRSS and Narrowband Digital Modes
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**Note 1:** Usage recommendation – 472-475kHz CW only 200Hz maximum bandwidth, 475-479kHz CW and Digimodes.  
**Note 2:** It should be emphasised that this band is available on a non-interference basis to existing services. UK amateurs should be aware that some overseas stations may be restricted in terms of transmit frequency in order to avoid interference to nearby radio navigation service Non-Directional Beacons.  
**Licence Notes:** Amateur Service – Secondary User. **Full Licensees only** 5 watts EIRP maximum.  
**R.R. 5.80B.** The use of the frequency band 472-479kHz in Algeria, Saudi Arabia, Azerbaijan, Bahrain, Belarus, China, Comoros, Djibouti, Egypt, United Arab Emirates, the Russian Federation, Iraq, Jordan, Kazakhstan, Kuwait, Lebanon, Libya, Mauritania, Oman, Uzbekistan, Qatar, Syrian Arab Republic, Kyrgyzstan, Somalia, Sudan, Tunisia and Yemen is limited to the maritime mobile and aeronautical radionavigation services. The Amateur Service shall not be used in the above-mentioned countries in this frequency band, and this should be taken into account by the countries authorising such use. (WRC 12).

1.8MHz (160m)	NECESSARY BANDWIDTH	UK USAGE
1,810-1,838kHz	200Hz	Telegraphy
1,838-1,840	500Hz	Narrowband Modes
1,840-1,843	2.7kHz	All Modes
1,843-2,000	2.7kHz	Telephony (Note 1), Telegraphy 1,836kHz – QRP (low power) Centre of Activity 1,960kHz – DF Contest Beacons (14dBW)

**Note 1:** Lowest LSB carrier frequency (dial setting) should be 1,843kHz. AX25 packet should not be used on the 1.8MHz band.  
**Licence Notes:** 1,810-1,850kHz – Primary User; 1,810-1,830kHz on a non-interference basis to stations outside of the UK. 1,850-2,000kHz – Secondary User. 32W (15dBW) maximum.

3.5MHz (80m)	NECESSARY BANDWIDTH	UK USAGE
3,500-3,510kHz	200Hz	Telegraphy – Priority for Inter-Continental Operation
3,510-3,560	200Hz	Telegraphy – Contest Preferred. 3,555kHz – QRS (slow telegraphy) Centre of Activity
3,560-3,570	200Hz	Telegraphy 3,560kHz – QRP (low power) Centre of Activity
3,570-3,580	200Hz	Narrowband Modes
3,580-3,590	500Hz	Narrowband Modes
3,590-3,600	500Hz	Narrowband Modes – Automatically Controlled Data Stations (unattended)
3,600-3,620	2.7kHz	All Modes – Automatically Controlled Data Stations (unattended), (Note 1)
3,600-3,650	2.7kHz	All Modes – Phone Contest Preferred, (Note 1) 3,630kHz – Digital Voice Centre of Activity
3,650-3,700	2.7kHz	All Modes – Telephony, Telegraphy 3,663kHz May Be Used For UK Emergency Comms Traffic 3,690kHz SSB QRP (low power) Centre of Activity
3,700-3,775	2.7kHz	All Modes – Phone Contest Preferred 3,735kHz – Image Mode Centre of Activity 3,760kHz – IARU Region 1 Emergency Centre of Activity
3,775-3,800	2.7kHz	All modes - Phone contest preferred Priority for Inter-Continental Telephony (SSB) Operation

**Note 1:** Lowest LSB carrier frequency (dial setting) should be 3,603kHz.  
**Licence Notes:** Primary User. Shared with other user services.

5MHz (60m)	AVAILABLE WIDTH	UK USAGE
5,258.5-5,264kHz	5.5kHz	5,262kHz – CW QRP Centre of Activity
5,276-5,284	8kHz	5,278.5kHz – May be used for UK Emergency Comms Traffic
5,288.5-5,292	3.5kHz	Beacons on 5290kHz (Note 2)
5,298-5,307	9kHz	
5,313-5,323	10kHz	5,317kHz – AM 6kHz maximum bandwidth
5,333-5,338	5kHz	
5,354-5,358	4kHz	Within WRC-15 Band

5,362-5,374.5	12.5kHz	Partly within WRC-15 band, WSPR
5,378-5,382	4kHz	
5,395-5,401.5	6.5kHz	
5,403.5-5,406.5	3kHz	

Unless indicated, usage is All Modes (necessary bandwidth to be within channel limits).  
**Note 1:** Upper Sideband is recommended for SSB activity.  
**Note 2:** Activity should avoid interference to the experimental beacons on 5290kHz.  
**Note 3:** Amplitude Modulation is permitted with a maximum bandwidth of 6kHz, on frequencies with at least 6kHz available width.  
**Note 4:** **Contacts within the UK should avoid the WRC-15 band (5351.5 - 5366.5kHz) if possible** For the latest current guidance refer to the RSGB website  
**Licence Notes:** **Full Licensees only** Secondary User, 100 watts maximum. Note that conditions on transmission bandwidth, power and antennas are specified in the Licence. For the latest current guidance, refer to the RSGB website

7MHz (40m)	NECESSARY BANDWIDTH	UK USAGE
7,000-7,040kHz	200Hz	Telegraphy – 7,030kHz QRP (low power) Centre of Activity
7,040-7,047	500Hz	Narrowband Modes (Note 2)
7,047-7,050	500Hz	Narrowband Modes, Automatically Controlled Data Stations (unattended)
7,050-7,053	2.7kHz	All Modes, Automatically Controlled Data Stations (unattended), (Note 1)
7,053-7,060	2.7kHz	All Modes, Digimodes
7,060-7,100	2.7kHz	All Modes, SSB Contest Preferred Segment Digital Voice 7,070kHz; SSB QRP Centre of Activity 7,090kHz
7,100-7,130	2.7kHz	All Modes, 7,110kHz – Region 1 Emergency Centre of Activity
7,130-7,200	2.7kHz	All Modes, SSB Contest Preferred Segment; 7,165kHz – Image Centre of Activity
7,175-7,200	2.7kHz	All Modes, Priority For Inter-Continental Operation

**Note 1:** Lowest LSB carrier frequency (dial setting) should be 7,053kHz.  
**Note 2:** PSK31 activity starts from 7,040kHz. Since 2009, the narrowband modes segment starts at 7,040kHz.  
**Licence Notes:** 7,000-7,100kHz Amateur and Amateur Satellite Service – Primary User.  
 7,100-7,200kHz Amateur Service – Primary User.

10MHz (30m)	NECESSARY BANDWIDTH	UK USAGE
10,100-10,130kHz	200Hz	Telegraphy (CW)
10,130-10,150	500Hz	10,116kHz – QRP (low power) Centre of Activity Narrowband Modes Automatically Controlled Data Stations (unattended) should avoid the use of the 10MHz band

**Licence Notes:** Amateur Service – Secondary User.

The 10MHz band is allocated to the amateur service only on a secondary basis. The IARU has agreed that only CW and other narrow bandwidth modes are to be used on this band. Likewise the band is not to be used for contests and bulletins. SSB may be used on the 10MHz band during emergencies involving the immediate safety of life and property, and only by stations actually involved with the handling of emergency traffic. The band segment 10,120-10,140kHz may only be used for SSB transmissions in the area of Africa south of the equator during local daylight hours.

14MHz (20m)	NECESSARY BANDWIDTH	UK USAGE
14,000-14,060kHz	200Hz	Telegraphy – Contest Preferred 14,055kHz – QRS (slow telegraphy) Centre of Activity
14,060-14,070	200Hz	Telegraphy 14,060kHz – QRP (low power) Centre of Activity
14,070-14,089	500Hz	Narrowband Modes
14,089-14,099	500Hz	Narrowband Modes – Automatically Controlled Data Stations (unattended)
14,099-14,101		IBP – Reserved Exclusively for Beacons
14,101-14,112	2.7kHz	All Modes – Automatically Controlled Data Stations (unattended)
14,112-14,125	2.7kHz	All Modes (excluding digimodes)
14,125-14,300	2.7kHz	All Modes – SSB Contest Preferred Segment 14,130kHz – Digital Voice Centre of Activity 14,195 ±5kHz – Priority for DXpeditions 14,230kHz – Image Centre of Activity 14,285kHz – QRP Centre of Activity
14,300-14,350	2.7kHz	All Modes 14,300kHz – Global Emergency Centre of Activity

**Licence Notes:** Amateur Service – Primary User. 14,000-14,250kHz Amateur Satellite Service – Primary User.

18MHz (17m)	NECESSARY BANDWIDTH	UK USAGE
18,068-18,095kHz	200Hz	Telegraphy – 18,086kHz QRP (low power) Centre of Activity
18,095-18,105	500Hz	Narrowband Modes
18,105-18,109	500Hz	Narrowband Modes – Automatically Controlled Data Stations (unattended)

<b>18,109-18,111</b>		<b>IBP – Reserved Exclusively for Beacons</b>
18,111-18,120	2.7kHz	All Modes – Automatically Controlled Data Stations (unattended)
18,120-18,168	2.7kHz	All Modes, 18,130kHz – SSB QRP Centre of Activity 18,150kHz – Digital Voice Centre of Activity 18,160kHz – Global Emergency Centre of Activity

**Licence Notes:** Amateur and Amateur Satellite Service – Primary User. The band is not to be used for contests or bulletins.

21MHz (15m)	NECESSARY BANDWIDTH	UK USAGE
21,000-21,070kHz	200Hz	Telegraphy 21,055kHz – QRS (slow telegraphy) Centre of Activity 21,060kHz – QRP (low power) Centre of Activity
21,070-21,090	500Hz	Narrowband Modes
21,090-21,110	500Hz	Narrowband Modes – Automatically Controlled Data Stations (unattended)
21,110-21,120	2.7kHz	All Modes (excluding SSB) – Automatically Controlled Data Stations (unattended)
21,120-21,149	500Hz	Narrowband Modes
<b>21,149-21,151</b>		<b>IBP – Reserved Exclusively For Beacons</b>
21,151-21,450	2.7kHz	All Modes 21,180kHz – Digital Voice Centre of Activity 21,285kHz – QRP Centre of Activity 21,340kHz – Image Centre of Activity 21,360kHz – Global Emergency Centre of Activity

**Note 1:** 21,125-21,245 is also designated for use by amateur satellites

**Licence Notes:** Amateur and Amateur Satellite Service – Primary User.

24MHz (12m)	NECESSARY BANDWIDTH	UK USAGE
24,890-24,915kHz	200Hz	Telegraphy 24,906kHz – QRP (low power) Centre of Activity
24,915-24,925	500Hz	Narrowband Modes
24,925-24,929	500Hz	Narrowband Modes – Automatically Controlled Data Stations (unattended)
<b>24,929-24,931</b>		<b>IBP – Reserved Exclusively For Beacons</b>
24,931-24,940	2.7kHz	All Modes – Automatically Controlled Data Stations (unattended)
24,940-24,990	2.7kHz	All Modes, 24,950kHz – SSB QRP Centre of Activity 24,960kHz – Digital Voice Centre of Activity

**Licence Notes:** Amateur and Amateur Satellite Service – Primary User. The band is not to be used for contests or bulletins.

28MHz (10m)	NECESSARY BANDWIDTH	UK USAGE
28,000-28,070kHz	200Hz	Telegraphy 28,055kHz – QRS (slow telegraphy) Centre of Activity 28,060kHz – QRP (low power) Centre of Activity
28,070-28,120	500Hz	Narrowband Modes
28,120-28,150	500Hz	Narrowband Modes – Automatically Controlled Data Stations (unattended)
28,150-28,190	500Hz	Narrowband Modes
<b>28,190-28,199</b>		<b>IBP – Regional Time Shared Beacons</b>
<b>28,199-28,201</b>		<b>IBP – World Wide Time Shared Beacons</b>
<b>28,201-28,225</b>		<b>IBP – Continuous-Duty Beacons</b>
28,225-28,300	2.7kHz	All Modes – Beacons
28,300-28,320	2.7kHz	All Modes – Automatically Controlled Data Stations (unattended)
28,320-29,000	2.7kHz	All modes 28,330kHz – Digital Voice Centre of Activity 28,360kHz – QRP Centre of Activity 28,680kHz – Image Centre of Activity
29,000-29,100		All Modes – See Note 1 regarding 29,000-29,510kHz
29,100-29,200		All Modes – FM Simplex – 10kHz Channels
29,200-29,300		All Modes – Automatically Controlled Data Stations (unattended) 29,270kHz – Internet Gateways Channel 29,280kHz – UK Internet Voice Gateway (unattended) 29,290kHz – UK Internet Voice Gateway (unattended) Satellite Links
29,300-29,510		
<b>29,510-29,520</b>	<b>Guard Channel</b>	
29,520-29,590	6kHz	All Modes – FM Repeater Inputs (RH1-RH8)
29,600	6kHz	All Modes – FM Calling Channel
29,610	6kHz	All Modes – FM Simplex Repeater (parrot) – input and output
29,620-29,700	6kHz	All Modes – FM Repeater Outputs (RH1-RH8)

**Note 1:** Experimental wide bandwidth operation within 29,000 – 29,510 must be on a non-interference basis to other stations, including the amateur satellite service segment at 29300 – 29510 kHz.

**Licence Notes:** Amateur and Amateur Satellite Service – Primary User. Note specific conditions apply within 50km of NGR SK985640 (Waddington) within 50km of NGR SK985640 (Waddington).

50MHz (6m)	NECESSARY BANDWIDTH	UK USAGE
50,000-50,100MHz	500Hz	Telegraphy Only (except for Beacon Project) (Note 2) <b>50,000-50,030MHz reserved for Synchronised Beacon Project (Note 2)</b> Region 1: 50,000-50,010; Region 2: 50,010-50,020; Region 3: 50,020-50,030

50,100-50,200	2.7kHz	50,050MHz – Future International Centre of Activity 50,090MHz – Inter-Continental DX Centre of Activity (Note 1) SSB/Telegraphy – International Preferred 50,100-50,130MHz – Inter-Continental DX Telegraphy & SSB (Note 1) 50,110MHz – Inter-Continental DX Centre of Activity 50,130-50,200MHz – General International Telegraphy & SSB 50,150MHz – International Centre of Activity SSB/Telegraphy – General Usage 50,285MHz – Crossband Centre of Activity
50,200-50,300	2.7kHz	MGM/Narrowband/Telegraphy 50,305MHz – PSK Centre of Activity 50,310-50,320MHz – EME 50,320-50,380MHz – MS

50,400-50,500	Propagation Beacons only	
50,500-50,700		All Modes 50,520MHz – FM/DV Internet Voice Gateway 50,530MHz – FM/DV Internet Voice Gateway 50,540MHz – FM/DV Internet Voice Gateway 50,600-50,700MHz – Digital communications 50,630MHz – Digital Voice (DV) calling 50,710-50,890MHz – FM/DV Repeater Outputs (10kHz channel spacing)
50,700-50,900	12kHz	All Modes
50,900-51,200		51,210-51,390MHz – FM/DV Repeater Inputs (10kHz channel spacing) (Note 4)
51,200-51,400	12kHz	All Modes 51,410-51,590MHz – FM/DV Simplex (Note 3) (Note 4) 51,510MHz – FM Calling Frequency 51,530MHz – GB2RS News Broadcast and Slow Morse 51,650 & 51,750MHz – See Note 5 (25kHz aligned) 51,970 & 51,990MHz – See Note 5

**Note 1:** Only to be used between stations in different continents (not for intra-European QSOs).  
**Note 2:** 50.0-50.1MHz is currently shared with Propagation Beacons. These are due to be migrated to 50.4-50.5MHz, to create more space for Telegraphy and a new Synchronised Beacon Project.  
**Note 3:** 20kHz channel spacing. Channel centre frequencies start at 51.430MHz.  
**Note 4:** Embedded data traffic is allowed with digital voice (DV).  
**Note 5:** May be used for Emergency Communications and Community Events.  
**Note 6:** Digital experiments to support innovation may occur at 50.6, 51.0 or 51.7MHz with maximum bandwidths of 50, 200 and 400kHz respectively on a non-interference basis.  
**Licence Notes:** Amateur Service 50.0-51.0MHz – Primary User. Amateur Service 51.0-52.0MHz – Secondary User. 100W (20dBW) maximum. Available on the basis on non-interference to other services (inside or outside the UK).

70MHz (4m)	NECESSARY BANDWIDTH	UK USAGE (NOTE 1)
<b>70,000-70,090MHz</b>	<b>1kHz</b>	<b>Propagation Beacons Only</b>
70,090-70,100	1kHz	Personal Beacons
70,100-70,250	2.7kHz	Narrowband Modes 70,185MHz – Cross-band Activity Centre 70,200MHz – CW/SSB Centre 70,250MHz – MS Centre
70,250-70,294	12kHz	All Modes 70,260MHz – AM/FM Calling 70,270MHz MGM Centre of Activity
70,294-70,500	12kHz	All Modes Channelised Operations Using 12.5kHz Spacing 70,300MHz 70,3125MHz – Digital Modes 70,3250MHz – DX Cluster 70,3375MHz – Digital Modes 70,3500MHz – Internet Voice Gateway (Note 2) 70,3625MHz – Internet Voice Gateway 70,3750MHz – See Note 2 70,3875MHz – Internet Voice Gateway 70,4000MHz – See Note 2 70,4125MHz – Internet Voice Gateway 70,4250MHz – FM Simplex – used by GB2RS news broadcast 70,4375MHz – Digital Modes (special projects) 70,4500MHz – FM Calling 70,4625MHz – Digital Modes 70,4750MHz 70,4875MHz – Digital Modes

**Note 1:** Usage by operators in other countries may be influenced by restrictions in their national allocations.

**Note 2:** May be used for Emergency Communications and Community Events.  
**Licence Notes:** Amateur Service 70.0-70.5MHz – Secondary User: 160W (22dBW) maximum. Available on the basis of non-interference to other services (inside or outside the UK).

**Note that access to 70.5-71.5MHz by Full Licensees is also possible by Nov**

144MHz (2m)	NECESSARY BANDWIDTH	UK USAGE
144,000-144,025MHz	2700Hz	All Modes – including Satellite Downlinks
144,025-144,100	500Hz	Telegraphy (including EME CW) 144,050MHz – Telegraphy Centre of Activity 144,100MHz – Random MS Telegraphy Calling, (Note 1) Telegraphy and MGM EME MGM Activity
144,110-144,150	500Hz	Telegraphy, MGM and SSB
144,150-144,400	2700Hz	144,250MHz – GB2RS News Broadcast and Slow Morse 144,260MHz – See Note 10 144,300MHz – SSB Centre of Activity 144,370MHz – MGM MS Calling
<b>144,400-144,490</b>		<b>Propagation Beacons only</b>
144,490-144,500		Beacon guard band 144,491-144,493 Personal Weak Signal MGM Beacons (BW: 500Hz max)

144.500-144.794	12kHz	All Modes (Note 8) 144.500MHz – Image Modes Centre (SSTV, FAX, etc) 144.600MHz – Data Centre of Activity (MGM, RTTY, etc) 144.6125MHz – UK Digital Voice (DV) Calling (Note 9) 144.625-144.675MHz – See Note 10 144.750MHz – ATV Talkback 144.775-144.794MHz – See Note 10 144.794-
144.794-144.990	12kHz	MGM Digital Communications (Note 15) 144.800-144.9875MHz – MGM/Digital Communications 144.8000MHz – Unconnected Nets – APRS, UView etc (Note 14) 144.8125MHz – DV Internet Voice Gateway 144.8250MHz – DV Internet Voice Gateway 144.8375MHz – DV Internet Voice Gateway 144.8500MHz – DV Internet Voice Gateway 144.8625MHz – DV Internet Voice Gateway 144.8750 - 144.9125 - Internet Gateways 144.9250MHz – Digital Usage 144.9375MHz – Digital Usage 144.9500MHz – Digital Usage 144.9625MHz – FM Internet Voice Gateway 144.9750, 144.9875 MHz Low power / Adhoc repeater inputs (Note 11)
144.990-145.1935	12kHz	FM/DV RV48-RV63 Repeater Input Exclusive (Note 2 & 5)
145.200	12kHz	FM/DV Space Communications (eg ISS) – Earth-to-Space 145.2000MHz – (Note 4 & 10)
145.200-145.5935	12kHz	FM/DV V16-V47 – FM/DV Simplex (Note 3, 5 & 6) 145.2250 MHz Internet gateways - and See Note 10 145.2375MHz – FM Internet Voice Gateway (IARU common channel) 145.2500MHz – Used for Slow Morse Transmissions 145.2875MHz – FM Internet Voice Gateway (IARU common channel) 145.3375MHz – FM Internet Voice Gateway (IARU common channel) 145.5000MHz – FM Calling (Note 12) 145.5250MHz – Used for GB2RS News Broadcast. 145.5500MHz – Used for Rally/exhibition Talk-in 145.5750, 145.5875MHz Low power / Adhoc repeater outputs (Note 11)
145.5935-145.7935	12kHz	FM/DV RV48-RV63 – Repeater Output (Note 2)
145.800	12kHz	FM/DV Space Communications (eg ISS) – Space-Earth
145.806-146.000	12kHz	All Modes – Satellite Exclusive
<p><b>Note 1:</b> Meteor scatter operation can take place up to 26kHz higher than the reference frequency.</p> <p><b>Note 2:</b> 12.5kHz channels numbered RV48-RV63. RV48 input = 145.000MHz, output = 145.600MHz.</p> <p><b>Note 3:</b> 12.5kHz simplex channels numbered V16-V47. V16 = 145.200MHz.</p> <p><b>Note 4:</b> Emergency Communications Groups utilising this frequency should take steps to avoid interference to ISS operations in non-emergency situations.</p> <p><b>Note 5:</b> Embedded data traffic is allowed with digital voice (DV).</p> <p><b>Note 6:</b> Simplex use only – no DV gateways.</p> <p><b>Note 7:</b> Not used.</p> <p><b>Note 8:</b> Amplitude Modulation (AM) is acceptable within the All Modes segment. AM usage is typically found on 144.550MHz. Users should consider adjacent channel activity when selecting operating frequencies.</p> <p><b>Note 9:</b> In other countries IARU Region 1 recommends 145.375MHz.</p> <p><b>Note 10:</b> May be used for Emergency Communications and Community Events.</p> <p><b>Note 11:</b> Ad-hoc Low power repeaters, 5W erp max</p> <p><b>Note 12:</b> DV users are asked not to use this channel, and use 144.6125MHz for calling.</p> <p><b>Note 13:</b> Not used.</p> <p><b>Note 14:</b> 144.800 use should be NBFM to avoid interference to 144.8125 DV Gateways.</p> <p><b>Licence Notes:</b> Amateur Service and Amateur Satellite Service – Primary User. Note specific conditions apply within 50 km of TA 012869 (Scarborough).</p>		

146MHz IARU Recommendation	NECESSARY BANDWIDTH	UK USAGE
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Access to this band requires an appropriate NoV, which is available to Full Licensees only

146.000-146.900MHz	500kHz	Wideband Digital Modes (High speed data, DATV etc) 146.500MHz Centre frequency for wideband modes (Note 1)
146.900-147.000MHz	12kHz	Narrowband Digital Modes including Digital Voice 146.900 146.9125 146.925 146.9375 Not available in/near Scotland (see Licence Notes & NoV terms) 146.9500 146.9625 146.9750 146.9875

**Note 1:** Users of wideband modes must ensure their spectral emissions are contained with the band limits.

**Licence Notes:** Full Licensees only, with NoV, 50W ERP max – not available in the Isle of Man or Channel Isles. Note that additional restrictions on geographic location, antenna height and upper frequency limit are specified by the NoV terms.

It should be emphasised that this band is UK-specific and is available on a non-interference basis to existing services. Upper Band limit 147.000MHz (or 146.93750 where applicable) are absolute limits and not centre frequencies. The absolute band frequency limit in or within 40km of Scotland is 146.93750MHz – see NoV schedule

430MHz (70cm) IARU Recommendation	NECESSARY BANDWIDTH	UK USAGE
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430.0000-431.9810MHz		430.0125-430.0750MHz – FM Internet Voice Gateways (Notes 7, 8)
All Modes		430.250-430.300 MHz UK DV 9 MHz reverse-split repeaters – Outputs 430.4000-430.7750 – UK DV 9MHz Split Repeater – inputs

Digital Links 430.6000-430.9250		430.8000MHz – 7.6MHz Talk-through (Note 10) 430.8250-430.9750MHz – RU66-RU78 7.6MHz Split Repeater – outputs See Licence Exclusion Note: 431-432MHz 430.9900-431.9000MHz – Digital Communications 431.0750-431.1750MHz – DV Internet Voice Gateways (Note 8)
Digital Repeaters		432.0500MHz Telegraphy Centre of Activity Telegraphy, MGM
432.0000-432.1000	500Hz	432.2000MHz – SSB Centre of Activity 432.3500MHz – Microwave Talkback (Europe) 432.3700MHz – Meteor Scatter Calling
432.1000-432.4000	2700Hz	432.2000MHz – SSB Centre of Activity 432.3500MHz – Microwave Talkback (Europe) 432.3700MHz – Meteor Scatter Calling
SSB, Telegraphy MGM		432.2000MHz – SSB Centre of Activity 432.3500MHz – Microwave Talkback (Europe) 432.3700MHz – Meteor Scatter Calling
432.4000-432.4900	500Hz	Propagation Beacons only
432.4900-432.9940	12kHz	432.491-432.493MHz Personal Weak Signal MGM Beacons (BW: 500Hz max) 432.5000MHz – Narrowband SSTV Activity Centre 432.6250-432.6750MHz Digital Communications 432.7750MHz 1.6MHz Talk-through – Base TX (Note 10) 433.0000-433.3750MHz (RBO-RB15) – RU240-RU270
All Modes Non-channelised	(Note 11)	433.4000MHz U272 – IARU Region 1 SSTV (FM/AFSK) 433.4250MHz U274 433.450MHz U276 (Note 5) 433.4750MHz U278 433.5000MHz U280 – FM Calling Channel 433.5250MHz U282 433.5500MHz U284 – Used for Rally/Exhibition Talk-in 433.5750MHz U286 433.6250-6750MHz – Digital Communications
432.9940-433.3810	12kHz	433.0000-433.3750MHz (RBO-RB15) – RU240-RU270
FM repeater outputs in UK only (Note 1)	(Note 11)	FM/DV Repeater Outputs in UK Only
433.3940-433.5810	12kHz	433.4000MHz U272 – IARU Region 1 SSTV (FM/AFSK) 433.4250MHz U274 433.450MHz U276 (Note 5) 433.4750MHz U278 433.5000MHz U280 – FM Calling Channel 433.5250MHz U282 433.5500MHz U284 – Used for Rally/Exhibition Talk-in 433.5750MHz U286
FM/DV (Notes 12, 13) Simplex Channels	(Note 11)	433.4000MHz U272 – IARU Region 1 SSTV (FM/AFSK) 433.4250MHz U274 433.450MHz U276 (Note 5) 433.4750MHz U278 433.5000MHz U280 – FM Calling Channel 433.5250MHz U282 433.5500MHz U284 – Used for Rally/Exhibition Talk-in 433.5750MHz U286
433.6000-434.0000		433.6250-6750MHz – Digital Communications
All Modes 433.8000MHz for APRS where 144.8000MHz cannot be used		433.7000MHz-433.7750MHz (Note 10) 433.8000-434.2500 MHz Digital communications & Experiments 434.0000 Low Power Non-NoV Personal Hot-Spot usage 434.9500-434.0500MHz – Internet Voice Gateways (Note 8) 434.3750MHz 1.6MHz Talk-through – Mobile TX (Note 10) 434.4750-434.5250MHz DV Internet voice gateways (Note 8) 434.6000-434.9750MHz (RBO-RB15) RU240-RU270 FM/DV Repeater Inputs in UK Only (Note 12) Satellites only Satellites and Experimental DATV/Data 437.0000 Experimental DATV Centre of Activity (Note 14) 438.0000 Low Power Non-NoV Personal Hot-Spot usage 438.0250-438.1750MHz – IARU Region 1 Digital Communications 438.2000-439.4250MHz (Note 1) 438.4000MHz – 7.6MHz Talk-through (Note 10) 438.4250-438.5750MHz RU66-RU78 – 7.6MHz Split Repeater – inputs 438.6125MHz – UK DV calling (Note 12) (Note 13) 438.8000 Low Power Non-NoV Personal Hot-Spot usage 439.2500-439.3000MHz UK DV 9MHz reverse-split repeaters – Inputs 439.6000-440.0000MHz – Digital Communications 439.4000-439.7750MHz – UK DV 9MHz split repeaters – Outputs
434.0000-434.5940	12kHz	433.7000MHz-433.7750MHz (Note 10) 433.8000-434.2500 MHz Digital communications & Experiments 434.0000 Low Power Non-NoV Personal Hot-Spot usage 434.9500-434.0500MHz – Internet Voice Gateways (Note 8) 434.3750MHz 1.6MHz Talk-through – Mobile TX (Note 10) 434.4750-434.5250MHz DV Internet voice gateways (Note 8) 434.6000-434.9750MHz (RBO-RB15) RU240-RU270 FM/DV Repeater Inputs in UK Only (Note 12) Satellites only Satellites and Experimental DATV/Data 437.0000 Experimental DATV Centre of Activity (Note 14) 438.0000 Low Power Non-NoV Personal Hot-Spot usage 438.0250-438.1750MHz – IARU Region 1 Digital Communications 438.2000-439.4250MHz (Note 1) 438.4000MHz – 7.6MHz Talk-through (Note 10) 438.4250-438.5750MHz RU66-RU78 – 7.6MHz Split Repeater – inputs 438.6125MHz – UK DV calling (Note 12) (Note 13) 438.8000 Low Power Non-NoV Personal Hot-Spot usage 439.2500-439.3000MHz UK DV 9MHz reverse-split repeaters – Inputs 439.6000-440.0000MHz – Digital Communications 439.4000-439.7750MHz – UK DV 9MHz split repeaters – Outputs
434.5940-434.9810	12kHz	433.7000MHz-433.7750MHz (Note 10) 433.8000-434.2500 MHz Digital communications & Experiments 434.0000 Low Power Non-NoV Personal Hot-Spot usage 434.9500-434.0500MHz – Internet Voice Gateways (Note 8) 434.3750MHz 1.6MHz Talk-through – Mobile TX (Note 10) 434.4750-434.5250MHz DV Internet voice gateways (Note 8) 434.6000-434.9750MHz (RBO-RB15) RU240-RU270 FM/DV Repeater Inputs in UK Only (Note 12) Satellites only Satellites and Experimental DATV/Data 437.0000 Experimental DATV Centre of Activity (Note 14) 438.0000 Low Power Non-NoV Personal Hot-Spot usage 438.0250-438.1750MHz – IARU Region 1 Digital Communications 438.2000-439.4250MHz (Note 1) 438.4000MHz – 7.6MHz Talk-through (Note 10) 438.4250-438.5750MHz RU66-RU78 – 7.6MHz Split Repeater – inputs 438.6125MHz – UK DV calling (Note 12) (Note 13) 438.8000 Low Power Non-NoV Personal Hot-Spot usage 439.2500-439.3000MHz UK DV 9MHz reverse-split repeaters – Inputs 439.6000-440.0000MHz – Digital Communications 439.4000-439.7750MHz – UK DV 9MHz split repeaters – Outputs
435.0000-436.0000		433.7000MHz-433.7750MHz (Note 10) 433.8000-434.2500 MHz Digital communications & Experiments 434.0000 Low Power Non-NoV Personal Hot-Spot usage 434.9500-434.0500MHz – Internet Voice Gateways (Note 8) 434.3750MHz 1.6MHz Talk-through – Mobile TX (Note 10) 434.4750-434.5250MHz DV Internet voice gateways (Note 8) 434.6000-434.9750MHz (RBO-RB15) RU240-RU270 FM/DV Repeater Inputs in UK Only (Note 12) Satellites only Satellites and Experimental DATV/Data 437.0000 Experimental DATV Centre of Activity (Note 14) 438.0000 Low Power Non-NoV Personal Hot-Spot usage 438.0250-438.1750MHz – IARU Region 1 Digital Communications 438.2000-439.4250MHz (Note 1) 438.4000MHz – 7.6MHz Talk-through (Note 10) 438.4250-438.5750MHz RU66-RU78 – 7.6MHz Split Repeater – inputs 438.6125MHz – UK DV calling (Note 12) (Note 13) 438.8000 Low Power Non-NoV Personal Hot-Spot usage 439.2500-439.3000MHz UK DV 9MHz reverse-split repeaters – Inputs 439.6000-440.0000MHz – Digital Communications 439.4000-439.7750MHz – UK DV 9MHz split repeaters – Outputs
436.0000-438.0000		433.7000MHz-433.7750MHz (Note 10) 433.8000-434.2500 MHz Digital communications & Experiments 434.0000 Low Power Non-NoV Personal Hot-Spot usage 434.9500-434.0500MHz – Internet Voice Gateways (Note 8) 434.3750MHz 1.6MHz Talk-through – Mobile TX (Note 10) 434.4750-434.5250MHz DV Internet voice gateways (Note 8) 434.6000-434.9750MHz (RBO-RB15) RU240-RU270 FM/DV Repeater Inputs in UK Only (Note 12) Satellites only Satellites and Experimental DATV/Data 437.0000 Experimental DATV Centre of Activity (Note 14) 438.0000 Low Power Non-NoV Personal Hot-Spot usage 438.0250-438.1750MHz – IARU Region 1 Digital Communications 438.2000-439.4250MHz (Note 1) 438.4000MHz – 7.6MHz Talk-through (Note 10) 438.4250-438.5750MHz RU66-RU78 – 7.6MHz Split Repeater – inputs 438.6125MHz – UK DV calling (Note 12) (Note 13) 438.8000 Low Power Non-NoV Personal Hot-Spot usage 439.2500-439.3000MHz UK DV 9MHz reverse-split repeaters – Inputs 439.6000-440.0000MHz – Digital Communications 439.4000-439.7750MHz – UK DV 9MHz split repeaters – Outputs
438.0000-440.0000		433.7000MHz-433.7750MHz (Note 10) 433.8000-434.2500 MHz Digital communications & Experiments 434.0000 Low Power Non-NoV Personal Hot-Spot usage 434.9500-434.0500MHz – Internet Voice Gateways (Note 8) 434.3750MHz 1.6MHz Talk-through – Mobile TX (Note 10) 434.4750-434.5250MHz DV Internet voice gateways (Note 8) 434.6000-434.9750MHz (RBO-RB15) RU240-RU270 FM/DV Repeater Inputs in UK Only (Note 12) Satellites only Satellites and Experimental DATV/Data 437.0000 Experimental DATV Centre of Activity (Note 14) 438.0000 Low Power Non-NoV Personal Hot-Spot usage 438.0250-438.1750MHz – IARU Region 1 Digital Communications 438.2000-439.4250MHz (Note 1) 438.4000MHz – 7.6MHz Talk-through (Note 10) 438.4250-438.5750MHz RU66-RU78 – 7.6MHz Split Repeater – inputs 438.6125MHz – UK DV calling (Note 12) (Note 13) 438.8000 Low Power Non-NoV Personal Hot-Spot usage 439.2500-439.3000MHz UK DV 9MHz reverse-split repeaters – Inputs 439.6000-440.0000MHz – Digital Communications 439.4000-439.7750MHz – UK DV 9MHz split repeaters – Outputs
All Modes		433.7000MHz-433.7750MHz (Note 10) 433.8000-434.2500 MHz Digital communications & Experiments 434.0000 Low Power Non-NoV Personal Hot-Spot usage 434.9500-434.0500MHz – Internet Voice Gateways (Note 8) 434.3750MHz 1.6MHz Talk-through – Mobile TX (Note 10) 434.4750-434.5250MHz DV Internet voice gateways (Note 8) 434.6000-434.9750MHz (RBO-RB15) RU240-RU270 FM/DV Repeater Inputs in UK Only (Note 12) Satellites only Satellites and Experimental DATV/Data 437.0000 Experimental DATV Centre of Activity (Note 14) 438.0000 Low Power Non-NoV Personal Hot-Spot usage 438.0250-438.1750MHz – IARU Region 1 Digital Communications 438.2000-439.4250MHz (Note 1) 438.4000MHz – 7.6MHz Talk-through (Note 10) 438.4250-438.5750MHz RU66-RU78 – 7.6MHz Split Repeater – inputs 438.6125MHz – UK DV calling (Note 12) (Note 13) 438.8000 Low Power Non-NoV Personal Hot-Spot usage 439.2500-439.3000MHz UK DV 9MHz reverse-split repeaters – Inputs 439.6000-440.0000MHz – Digital Communications 439.4000-439.7750MHz – UK DV 9MHz split repeaters – Outputs

**Note 1:** In Switzerland, Germany and Austria, repeater inputs are 431.0500-431.8250MHz with 25kHz spacing and outputs 438.6500-439.4250MHz. In Belgium, France and the Netherlands repeater outputs are 430.0250-430.3750MHz with 12.5kHz spacing and inputs at 431.6250-431.9750MHz. In other European countries repeater inputs are 433.0000-433.3750MHz with 25kHz spacing and outputs at 434.6000-434.9750MHz, ie the reverse of the UK allocation.

**Note 2:** Not used.

**Note 3, Note 4:** Not used.

**Note 5:** In other countries IARU Region 1 recommends 433.4500MHz for DV calling.

**Note 7:** Users must accept interference from repeater output channels in France and the Netherlands at 430.0250-430.5750MHz. Users with sites that allow propagation to other countries (notably France and the Netherlands) must survey the proposed frequency before use to ensure that they will not cause interference to users in those countries.

**Note 8:** All internet voice gateways: 12.5kHz channels, maximum deviation ±2.4kHz, maximum effective radiated power 5W (7dBW).

**Note 10:** May be used for Emergency Communications and Community Events.

**Note 11:** IARU Region-1 recommended maximum bandwidths are 12kHz to support 12.5kHz channel spacing.

**Note 12:** Embedded data traffic is allowed with digital voice (DV).

**Note 13:** Simplex use only – no DV gateways.

**Note 14:** QPSK 2 Mega-symbols/second maximum recommended.

**Licence Notes:** Amateur Service – Secondary User. Note specific conditions within 430-440MHz. Amateur Satellite Service: 435-438MHz – Secondary User. Exclusion: 431-432MHz not available within 100km radius of Charing Cross, London. Power Restriction 430-432MHz is 40 watts effective radiated power maximum.

1.3GHz (23cm)	NECESSARY BANDWIDTH	UK USAGE
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1240.000-1240.500MHz	2700Hz	Alternative Narrowband Segment – see Note 7 – 1240.00-1240.750MHz
1240.500-1240.750		Alternative Propagation Beacon Segment
1240.750-1241.000	20kHz	FM/DV Repeater Inputs
1241.000-1241.750	150kHz	DD High Speed Digital Data – 5 x 150kHz channels
All Modes		1241.075, 1241.225, 1241.375, 1241.525, 1241.675MHz (±75kHz)
1241.750-1242.000	20kHz	25kHz Channels available for FM/DV use

All Modes 1242.000-1249.000 ATV		1241.775-1241.975MHz TV Repeaters (Note 9) New DATV Repeater Inputs Original ATV Repeater Inputs: 1248, 1249
1249.000-1249.250	20kHz	FM/DV Repeater Outputs, 25kHz Channels (Note 9) 1249.025-1249.225MHz
1250.00		In order to prevent interference to Primary Users, caution must be exercised prior to using 1250-1290MHz in the UK 1260.000-
1270.000		Amateur Satellite Service – Earth to Space Uplinks Only
Satellites 1290.000 1290.994-1291.481	20kHz	FM/DV Repeater Inputs (Note 5) 1291.000-1291.375MHz (RM0-RM15) 25kHz spacing
1291.494-1296.000	All Modes	Preferred Narrowband segment
All Modes 1296.000-1296.150 Telegraphy, MGM	500Hz	1296.000-1296.025MHz – Moonbounce
1296.150-1296.800 Telegraphy, SSB & MGM	2700Hz	1296.200MHz – Narrowband Centre of Activity 1296.400-1296.600MHz – Linear Transponder Input
(Note 1)		1296.500MHz – Image Mode Centre of Activity (SSTV, FAX etc) 1296.600MHz – Narrowband Data Centre of Activity (MGM, RTTY etc) 1296.600-1296.700MHz – Linear Transponder Output 1296.741-1296.743MHz Personal Weak Signal MGM Beacons
1296.800-1296.994		1296.750-1296.800MHz – Local Beacons, 10W ERP max 1296.800-1296.990MHz – Propagation Beacons only
1296.994-1297.481	20kHz	Beacons exclusive FM/DV Repeater Outputs (Note 5)
1297.494-1297.981	20kHz	1297.000-1297.375MHz (RM0-RM15) FM/DV Simplex (Notes 2, 5 & 6) 25kHz spacing 1297.500-1297.750MHz (SM20-SM30) 1297.725MHz – Digital Voice (DV) Calling (IARU recommended) 1297.900-1297.975MHz – FM Internet Voice Gateways (IARU common channels, 25kHz)
FM/DV simplex (Notes 2, 5, 6)		All Modes General mixed analogue or digital use in channels 1298.025-1298.975MHz (RS1-RS39)
1298.000-1299.000 All Modes	20kHz	DD High Speed Digital Data – 5 x 150kHz channels 1299.075, 1299.225, 1299.375, 1299.525, 1299.675MHz (±75kHz)
1299.000-1299.750 All Modes	150kHz	25kHz Channels Available for FM/DV use 1299.775-1299.975MHz
1299.750-1300.000 All Modes	20kHz	TV Repeaters (UK only) (Note 9) New DATV Repeater Outputs Original ATV Repeater Outputs: 1308.0, 1310.0, 1311.5, 1312.0, 1316.0, 1318.5MHz
1300.000-1325.000 ATV		

**Note 1:** Local traffic using narrowband modes should operate between 1296.500-1296.800MHz during contests and band openings.  
**Note 2:** Stations in countries that do not have access to 1298-1300MHz may also use the FM simplex segment for digital communications.  
**Note 3, Note 4:** Not used.  
**Note 5:** Embedded data traffic is allowed with digital voice (DV).  
**Note 6:** Simplex use only – no DV gateways.  
**Note 7:** 1240.000-1240.750 has been designated by IARU as an alternative centre for narrowband activity and beacons. Operations in this range should be on a flexible basis to enable coordinated activation of this alternate usage.  
**Note 8:** The band 1240-1300MHz is subject to major replanning. Contact the Microwave Manager for further information.  
**Note 9:** Repeaters and Migration to DATV, inc option for new DATV simplex are subject to further development and coordination.  
**Note 10:** QPSK 4 Mega-symbols/second maximum recommended.  
**Licence Notes:** Amateur Service – Secondary User. Amateur Satellite Service: 1,260-1,270MHz – Secondary User Earth to Space only. Note specific conditions within 1240-1325MHz and within 50km of SS206127 (Bude), SE202577 (Harrogate), or in Northern Ireland.

2.3-2.302GHz IARU Recommendation	NECESSARY BANDWIDTH	UK USAGE
Access to this band requires an appropriate NoV, which is available to Full licensees only. Please note that the current NoVs last for up to three years prior to expiry.		
2300.000-2300.400MHz	2.7kHz	Narrowband Modes (including CW, SSB, MGM) 2300.350-2300.400MHz Attended Beacons
2300.400-2301.800MHz	500kHz	Wideband Modes (NBFM, DV, Data, DATV, etc) Note 1
2301.800-2302.000MHz	2.7kHz	Narrowband modes (including CW, SSB, MGM) EME Usage
<b>Note 1:</b> Users of wideband modes must ensure their spectral emissions are contained within the band limits. <b>Note 2:</b> Full licensees only with NoV, 400 watts maximum, not available in the Isle of Man. Note additional restrictions on usage are specified by the NoV terms. It should be emphasised that this is UK-specific and is available on a non interference basis to existing services.		

2.3GHz (13cm) IARU Recommendation	NECESSARY BANDWIDTH	UK USAGE
2,310.000-2,320.000MHz  (National band plans)	200kHz	2,310.000-2,310.500MHz – Repeater links  2,311.000-2,315.000MHz – High speed data Preferred Narrowband Segment

2,320.000-2,320.800	2.7kHz	2,320.000-2,320.025MHz – Moonbounce 2,320.200MHz – SSB Centre of Activity 2,320.750-2,320.800MHz – Local Beacons, 10W ERP max 2,320.800-2,320.990MHz – Propagation Beacons Only
2,320.800-2,321.000		
Beacons exclusive 2321.000-2322.000 2,322.000-2,350.000 2,390.000-2,400.000 2,400.000-2,450.000MHz Satellites	20kHz	FM/DV. See also Note 1 Wideband Modes including Data, ATV All Modes 2,435.000MHz ATV Repeater Outputs 2,440.000MHz ATV Repeater Outputs

**Note 1:** Stations in countries which do not have access to the All Modes section 2,322-2,390MHz, use the simplex and repeater segment 2,320-2,322MHz for data transmission.  
**Note 2:** Stations in countries that do not have access to the narrowband segment 2,320-2,322MHz, use the alternative narrowband segments 2,304-2,306MHz, 2,308-2,310MHz and 2400-2402MHz.  
**Note 3:** The segment 2,433-2,443MHz may be used for ATV if no satellite is using the segment.  
**Licence Notes:** Amateur Service – Secondary User. Users must accept interference from ISM users. Amateur Satellite Service: 2,400-2,450MHz – Secondary User. Users must accept interference from ISM users. Operation in 2310-2350 and 2390-2400 MHz are subject to specific conditions and guidance. Note specific conditions apply within 50km of SS206127 (Bude) or SE202577 (Harrogate). ISM = Industrial, scientific and medical.

3.4GHz (9cm) IARU Recommendation	NECESSARY BANDWIDTH	UK USAGE
3,400.000-3,400.800MHz	2.7kHz	Narrowband Modes (including CW, SSB, MGM, EME) 3,400.100MHz – Centre of Activity (Note 1)
3,400.800-3,400.995		3,400.750-3,400.800MHz – Local Beacons, 10W ERP max 3,400.800-3,400.995MHz – Propagation Beacons Only
3,400.000-3,401.000MHz 3,402.000-3,410.000	200kHz	3,401.000-3,402.000MHz Data, Remote Control Wideband Modes including DATV Repeater Outputs
All Modes (Notes 2, 3)		

**Note 1:** EME has migrated from 3456MHz to 3400MHz to promote harmonised usage and activity.  
**Note 2:** Stations in many European countries have access to 3400-3410MHz as permitted by the CEPT ECA Table.  
**Note 3:** Amateur Satellite downlinks planned.  
**Licence Notes:** Amateur Service – Secondary User. Subject to specific conditions and guidance.

5.7GHz (6cm) IARU Recommendation	NECESSARY BANDWIDTH	UK USAGE
5,650.000-5,668.000MHz Satellite Uplinks	2.7kHz	All Modes Amateur Satellite Service – Earth to Space Only
5,668.000-5,670.000 5,670.000-5,680.000 5,755.000-5,760.000 5,760.000-5,762.000	2.7kHz	5,668.200MHz – Alternative Narrowband Centre All Modes All Modes Narrowband Modes (including CW, SSB, MGM, EME) 5,760.100MHz – Preferred Centre of Activity
5760.800-5760.995		5,760.750-5,760.800MHz – Local Beacons, 10W ERP max 5,760.800-5,760.995MHz – Propagation Beacons Only
Propagation Beacons 5,762.000-5,765.000 5,820.000-5,830.000 5,830.000-5,850.000 Satellite Downlinks		All Modes All Modes All Modes Amateur Satellite Service – Space to Earth Only

**Licence Notes:** Amateur Service: 5,650-5,680MHz – Secondary User. 5,755-5,765 and 5,820-5,850MHz – Secondary User. Users must accept interference from ISM users. Amateur Satellite Service: 5,650-5,670MHz and 5,830-5,850MHz – Secondary User. Users must accept interference from ISM users. Note specific conditions apply within 50km of SS206127 (Bude) or SE202577 (Harrogate). ISM = Industrial, scientific and medical.

10GHz (3cm) IARU Recommendation	NECESSARY BANDWIDTH	UK USAGE
10,000.000-10,125.000MHz All Modes		Note 4 10,065MHz ATV Repeater Outputs
10,225.000-10,250.000 All Modes		10,240MHz ATV Repeaters
10,250.000-10,350.000 Digital Modes		
10,350.000-10,368.000		10,352.5-10,368MHz Wideband Modes (Note 2)
All Modes 10,368-10,370MHz Narrowband Telegraphy EME/SSB	2.7kHz	10,368-10,370 Narrowband Modes (Note 3) 10,368.1MHz Centre of Activity
10,368.800-10,368.995		10,368.750-10,368.800MHz – Local Beacons, 10W ERP max 10,368.800-10,368.995MHz – Propagation Beacons Only
Propagation Beacons 10,370.000-10,450.000 All Modes		10,371MHz Voice Repeaters Rx 10,425 ATV Repeaters
10,450.000-10,475.000 All Modes & Satellites		10,400-10,475MHz Unattended Operation 10,450-10,452MHz Alternative Narrowband Segment (Note 3) 10,471MHz Voice Repeaters Tx
10,475.000-10,500.000 All Modes and satellites		Amateur Satellite Service ONLY



**Note 1:** Deleted.

**Note 2:** Wideband FM is preferred between 10,350-10,400MHz to encourage compatibility between narrowband systems.

**Note 3:** 10,450MHz is used as an alternative narrowband segment in countries where 10,368MHz is not available.

**Note 4:** 10,000-10,125MHz is subject to increased Primary user utilisation and restrictions.

**Note 5:** 10,475-10,500MHz is allocated ONLY to the Amateur Satellite Service and NOT to the Amateur Service.

**Licence Notes:** Amateur Service – Secondary User. Foundation licensees 1 watt maximum. Amateur Satellite Service: 10,450-10,500MHz – Secondary User. Note specific conditions apply within 50 km of SO916223 (Cheltenham), SS206127 (Bude), SK985640 (Waddington) and SE202577 (Harrogate).

24GHz (12mm) IARU Recommendation	UK USAGE
24,000.000-24,050.000MHz Satellites	24,025MHz Preferred Operating Frequency for Wideband Equipment 24,048.2MHz – Narrowband Centre of Activity
24,048.800-24,048.995 Propagation Beacons	24,048.750-24,048.800MHz – Local Beacons, 10W ERP max 24,048.800-24,048.995MHz – Propagation Beacons Only
24,050.000-24,250.000 All Modes	

**Licence Notes:** Amateur Service: 24,000-24,050MHz – Primary User: Users must accept interference from ISM users. 24,050-24,150MHz – Secondary User. May only be used with the written permission of Ofcom. Users must accept interference from ISM users. 24,150-24,250MHz – Secondary User. Users must accept interference from ISM users. Amateur Satellite Service: 24,000-24,050MHz – Primary User: Users must accept interference from ISM users. Note specific conditions apply within 50 km of SK985640 (Waddington) and SE202577 (Harrogate).  
ISM = Industrial, scientific and medical.

47GHz (6mm) IARU Recommendation	UK USAGE
47,000.000-47,200.000MHz Narrowband Segment	47,088.2MHz – Centre of Narrowband Activity 47,088.8-47,089.0MHz – Propagation Beacons Only

**Licence Notes:** Amateur Service and Amateur Satellite Service – Primary User. Note specific conditions apply within 50 km of SK985640 (Waddington) and SE202577 (Harrogate).

76GHz (4mm) IARU Recommendation	UK USAGE
75,500-76,000MHz All Modes (preferred)	75,976.200MHz – IARU Region 1 Preferred Centre of Activity
76,000.000-77,500.000 All Modes	
77,500-78,000 All Modes (preferred)	77,500.200MHz – Alternative IARU Recommended Narrowband Segment
78,000-81,000 All Modes	

**Licence Notes:**  
75,500-75,875MHz Amateur Service and Amateur Satellite Service – Secondary User.  
75,875-76,000MHz Amateur Service and Amateur Satellite Service – Primary User.  
76,000-77,500MHz Amateur Service and Amateur Satellite Service – Secondary User.  
77,500-78,000MHz Amateur Service and Amateur Satellite Service – Primary User.  
78,000-81,000MHz Amateur service and Amateur Satellite Service – Secondary User.  
Note specific conditions apply within 50 km of SK985640 (Waddington) and SE202577 (Harrogate).

122GHz (2.5mm) IARU Recommendation	UK USAGE
IARU Recommendation 122,250-122,251 MHz Narrowband modes	IARU Region-1 preferred centre of activity
122,251-123,000 MHz All modes	122,256 / 122,400 MHz - UK centre of activity

**Licence Notes:**  
122,250-123,000 MHz Amateur Service only - **Secondary User**.  
Note specific conditions apply within 50 km of SK985640 (Waddington) and SE202577 (Harrogate).

134GHz (2mm) IARU Recommendation	UK USAGE
134,000-134,928 MHz All modes	134,256 / 134,400 MHz - UK centre of activity
134,928-134,930 Narrowband modes	IARU Region-1 preferred centre of activity
134,930 -136,000 All modes	
136,000 -141,000 All modes	

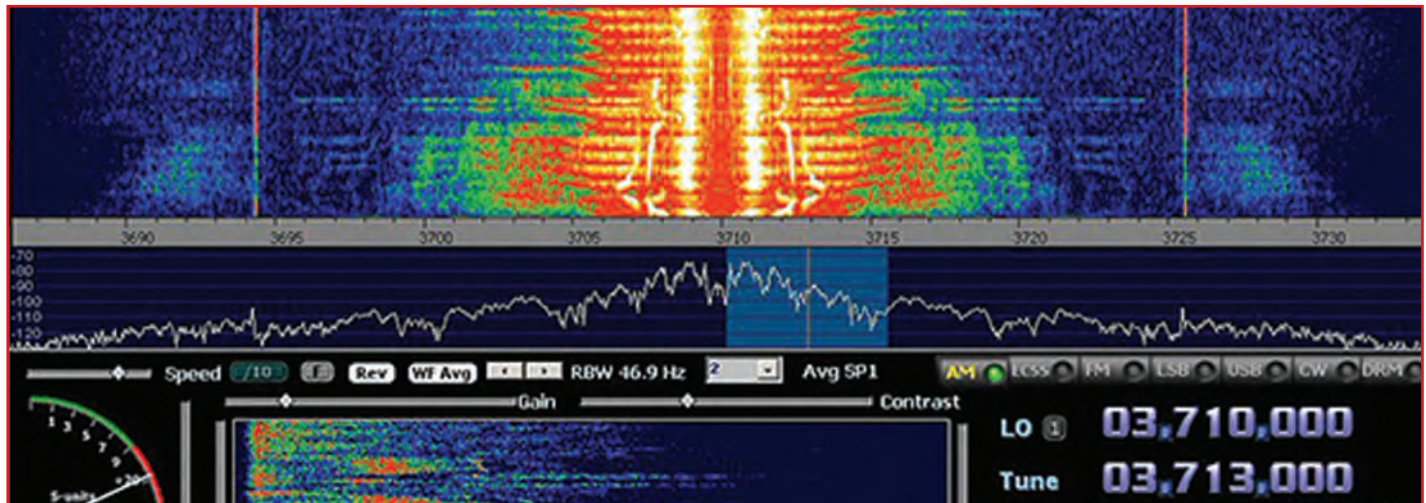
**Licence Notes:**  
134,000-136,000 MHz Amateur Service and Amateur Satellite Service - **Primary User**.  
136,000-141,000 MHz Amateur Service and Amateur Satellite Service - **Secondary User**.  
Note specific conditions apply within 50 km of SK985640 (Waddington) and SE202577 (Harrogate).

241GHz (1.2mm) IARU Recommendation	UK USAGE
241,000-248,000 MHz All modes	241,600 MHz +/-IF - UK centre of activity
248,000-248,001 MHz Narrowband modes	IARU Region-1 preferred centre of activity
248,001-250,000 MHz All modes	248,800 MHz +/-IF - UK centre of activity

**Licence Notes:**  
241,000-248,000 MHz Amateur Service and Amateur Satellite Service - **Secondary User**.  
248,000-250,000 MHz Amateur Service and Amateur Satellite Service - **Primary User**.  
Note specific conditions apply within 50 km of SK985640 (Waddington) and SE202577 (Harrogate).

**Notes to the Band Plan**

**Note-1:** Access to frequencies >275 GHz by Full Licensees is also possible by NoV



**NOTES TO THE BAND PLANS**

**ITU-R radio regulation RR 1.152 and Recommendation SM.328 (extract):**

**Necessary bandwidth:** For a given class of emission, the width of the frequency band which is just sufficient to ensure the transmission of information at the rate and with the quality required under specified conditions.

Foundation and Intermediate Licence holders are advised to check their Licences for the permitted power limits and conditions applicable to their class of Licence.

**All Modes:** CW, SSB and those modes listed as Centres of Activity, plus AM. Consideration should be given to adjacent channel users.

**Image Modes:** Any analogue or digital image modes within the appropriate bandwidth, for example SSTV and FAX.

**Narrowband Modes:** All modes using up to 500Hz bandwidth, including CW, RTTY, PSK, etc.

**Digimodes:** Any digital mode used within the appropriate bandwidth, for example RTTY, PSK, MT63, etc.

**Sideband usage:** Below 10MHz use lower sideband (LSB), above 10MHz use upper sideband (USB). Note the lowest dial settings for LSB Voice modes are 1843, 3603 and 7053kHz on 160, 80 and 40m. Note that on (5MHz) USB is used.

**Amplitude Modulation (AM):** AM with a bandwidth greater than 2.7kHz is acceptable in the All Modes segments provided users consider adjacent channel activity when selecting operating frequencies (Davos 2005).

**Extended SSB (eSSB):** Extended SSB (eSSB) is only acceptable in the All Modes segments provided users consider adjacent channel activity when selecting operating frequencies.

**Digital Voice (DV):** Users of Digital Voice (DV) should check that the channel is not in use by other modes (CT08\_C5\_Rec20).

**FM Repeater & Gateway Access:** CTCSS Access is recommended. Toneburst access is being withdrawn in line with IARU R1 recommendations.

**Beacons:** Propagation Beacon Sub-bands are highlighted – please avoid transmitting in them!

**MGM:** Machine Generated Modes indicates those transmission modes relying fully on computer processing such as RTTY, AMTOR, PSK31, JTxx, FSK441 and the like. This does not include Digital Voice (DV) or Digital Data (DD).

**WSPR:** Above 30MHz, WSPR frequencies in the band plan are the centre of the transmitted frequency (not the suppressed carrier frequency or the VFO dial setting).

**Transmitter setup and Linearity:** Close attention should be given to power amplifier linearity to control the final transmitted bandwidth and avoid spectral regrowth affecting adjacent users. In particular this can be a major issue when operating digital modes. It is recommended that operators do not use more power than is necessary, and that care is taken to ensure sound cards, interfaces, and other equipment are properly set up so as to minimise the potential for interference.

CW QSOs are accepted across all bands, except within beacon segments (Recommendation DV05\_C4\_Rec\_13).

Contest activity shall not take place on the 5, 10, 18 and 24MHz (60, 30, 17 and 12m) bands.

Non-contesting radio amateurs are recommended to use the contest-free HF bands (30, 17 and 12m) during the largest international contests (DV05\_C4\_Rev\_07).

The term 'automatically controlled data stations' includes Store and Forward stations.

**Transmitting Frequencies:** The announced frequencies in the band plan are understood as 'transmitted frequencies' (not those of the suppressed carrier).

**Centre of Activity (CoA):** A guide to where users of a particular mode or activity tend to operate. The bandplan does not give such users precedence over other modes or activities.

**Unmanned transmitting stations:** IARU member societies are requested to limit this activity on the HF bands. It is recommended that any unmanned transmitting stations on HF shall only be activated under operator control except for beacons agreed with the IARU Region 1 Beacon Coordinator, or specially licensed experimental stations.

**472-479kHz:** Access is available to Full licensees only.

**1.8MHz:** Radio amateurs in countries that have a SSB allocation ONLY below 1840kHz, may continue to use it, but the National Societies in those countries are requested to take all necessary steps with their licence administrations to adjust phone allocations in accordance with the Region 1 Band Plan (UBA – Davos 2005).

**3.5MHz:** Inter-Continental operations should be given priority in the segments 3500-3510kHz and 3775-3800kHz. Where no DX traffic is involved, the contest segments should not include 3500-3510kHz or 3775-3800kHz. Member societies will be permitted to set other (lower) limits for national contests (within these limits). 3510-3600kHz may be used for unmanned ARDF beacons (CW, A1A) (Recommendation DV05\_C4\_Rec\_12).

**5MHz:** Access is available to Full licensees only – see licence schedule for additional conditions.

**7MHz:** The band segment 7040-7060kHz may be used for automatic controlled data stations (unattended) traffic in the areas of Africa south from the equator during local daylight hours. Where no DX traffic is involved, the contest segment should not include 7,175-7,200kHz.

**10MHz:** SSB may be used during emergencies involving the immediate safety of life and property and only by stations actually involved in the handling of emergency traffic. The band segment 10120kHz to 10140kHz

may be used for SSB transmissions in the area of Africa south of the equator during local daylight hours. News bulletins on any mode should not be transmitted on the 10MHz band.

**28MHz:** Operators should not transmit on frequencies between 29.3 and 29.51MHz to avoid interference to amateur satellite downlinks.

**Experimentation with NBFM Packet Radio on 29MHz band:** Preferred operating frequencies on each 10kHz from 29.210 to 29.290MHz inclusive should be used. A deviation of ±2.5kHz being used with 2.5kHz as maximum modulation frequency.

**1.3GHz**

The band is subject to re-planning. It is also shared with air traffic radar.

**2.3GHz (2310-2350 & 2390-2400MHz)**

Operation is subject to specific licence conditions and guidance – see also the Ofcom PSSR statement.

**3.4GHz (3400-3410MHz)**

Operation is subject to specific licence conditions and guidance — see also the Ofcom PSSR statement.

**Innovation Bands: 70.5-71.5MHz, 146-147MHz, 2300-2302MHz and >275GHz**  
Access to these bands requires an appropriate NoV, which is available to Full licensees only.

The latest band plan information, including the master Excel files, can be found in the Operating section of the RSGB website. Please ensure you only refer or link to the *current* Band Plans. Remove/delete any older versions you have locally or online.

See [rsgb.org/bandplans](http://rsgb.org/bandplans)

**Contest Calendar March 2024**

Ian Pawson, G0FCT

**RSGB HF Events**

Date	Event	Times (UTC)	Mode(s)	Band(s)	Exchange
Mon 4 Mar	80m Club Championship	2000-2130	PSK63, RTTY	3.5	RST + SN
Sat 9 - Sun 10 Mar	Commonwealth Contest	1000-1000	CW	3.5-28	RST + SN (HQ stations also send HQ)
Wed 13 Mar	80m Club Championship	2000-2130	CW	3.5	RST + SN
Mon 18 Mar	FT4 Series	1900-2030	FT4	3.5-28	Report
Thu 28 Mar	80m Club Championship	2000-2130	SSB	3.5	RS + SN

**RSGB VHF Events**

Date	Event	Times (UTC)	Mode(s)	Band(s)	Exchange
Sat 2 - Sun 3 Mar	March 144 432MHz	1400-1400	All	144, 432	RS(T) + SN + Locator
Tue 5 Mar	144MHz FMAC	1900-1955	FM	144	RS + SN + Locator
Tue 5 Mar	144MHz UKAC	2000-2230	All	144	RS(T) + SN + Locator
Wed 6 Mar	144MHz FT8 AC (4 hour)	1700-2100	FT8	144	Report + 4-character Locator
Wed 6 Mar	144MHz FT8 AC (2 hour)	1900-2100	FT8	144	Report + 4-character Locator
Tue 12 Mar	432MHz FMAC	1900-1955	FM	432	RS + SN + Locator
Tue 12 Mar	432MHz UKAC	2000-2230	All	432	RS(T) + SN + Locator
Wed 13 Mar	432MHz FT8 AC (4 hour)	1700-2100	FT8	432	Report + 4-character Locator
Wed 13 Mar	432MHz FT8 AC (2 hour)	1900-2100	FT8	432	Report + 4-character Locator
Thu 14 Mar	50MHz UKAC	2000-2230	All	50	RS(T) + SN + Locator
Tue 19 Mar	1.3GHz UKAC	2000-2230	All	1.3G	RS(T) + SN + Locator
Thu 21 Mar	70MHz UKAC	2000-2230	All	70	RS(T) + SN + Locator
Tue 26 Mar	SHF UKAC	1930-2230	All	2.3G - 10G	RS(T) + SN + Locator

**Best of the Rest Events**

Date	Event	Times (UTC)	Mode(s)	Band(s)	Exchange (Info)
Sat 2 - Sun 3 Mar	ARRL International DX	0000-2359	SSB	1.8-28	RST+TX power (W send State, VE send Province)
Sun 3 Mar	UKuG Low Band	1000-1600	All	1.3G-3.4G	RS(T) + SN + Locator
Sun 3 Mar	WAB 3.5MHz Phone	1800-2200	SSB	3.5	RS + SN + WAB area
Wed 6 Mar	UKEICC	2000-2100	SSB	3.5	6-character Locator
Sat 16 - Mon 18 Mar	BARTG HF RTTY	0200-0200	RTTY	3.5-28	RST + SN + time
Tue 19 Mar	IRTS 80m Evening Counties	2000-2100	CW, SSB	3.5	RS(T) + SN + County code
Wed 27 Mar	UKEICC	2000-2100	CW	3.5	6-character Locator
Sat 30 - Sun 31 Mar	CQ WW WPX SSB	0000-2359	SSB	1.8-28	RS + SN

For all the latest RSGB contest information and results, visit [www.rsgbcc.org](http://www.rsgbcc.org)